

2024 Annual Campaign Campaign Goal: \$75,000 Donations requested by Sept. 30



Make a **VISIBLE** difference in their invisible struggles.

Help BCEF support STUDENT MENTAL HEALTH at Batesville High School by establishing a new wellness center.



Overall conceptual plan provided by architectural firm Fanning Howey. Images included here provided by School Specialty to show suggested furnishings in the space.

Mental health concerns like anxiety, stress, burnout, and depression are increasing among teens in every demographic nationwide, including at Batesville High School (BHS). Learning is difficult when life seems hard. Academics often suffer, right along with the student. BHS plans to move its current counseling area to a more private location in the school so that students can more easily ask for the help they need to cope with these issues. BCEF's Annual Campaign will support a new student wellness center that will feature <u>academic counseling and support services</u>, <u>a stress management and resilience training lab (including a heart rate biofeedback program), dedicated resources and techniques for managing anxiety, a peer support and community area, and, if funds allow, a private outdoor seating area, for a literal breath of fresh air to calm nerves. We know they need to grow up. That's what they are trying to do. And even though technology has dramatically changed their childhoods, one thing hasn't changed. They still need support and encouragement to grow into great adults. This new space will proactively provide ALL students with access to practical stress management skills and give those who are struggling a space to help them regroup, build resilience, and get back to class, so they can LEARN— because that's what they are there to do. They need our help with their invisible struggles.</u>



Did you know?

- On average, 33% of BHS students over the past few years have reported feeling hopeless for two weeks at a time.
- That's more than 200 Batesville Bulldogs each year.

Scan the QR code to see our video



This is why they need our help.

Our students need a place at Batesville High School to come and get support, whether for academic or mental health reasons. Over the last several years, we have outgrown our space and need a larger, more inviting area to assist students, especially in the area of mental health. We are excited to partner with BCEF to enhance our ability to service our students' various needs at the high school.

•Tricia Stephens, BHS counselor

The Wellness Center will be able to provide for my needs and those of my peers if we are ever in distress. It will also be an area where students can maintain healthy coping skills. This new location and space will be less stressful for students to visit. •Makenna, BHS student

The BHS Wellness Center is an innovative and holistic approach to student mental health and wellness. In my role at Ivy Tech, I work with teens every day and I see the need for a space for students to feel welcomed, comfortable, and safe—allowing them to self-regulate, reset, and meet with their school counselor in a more private environment. Plus, the outdoor patio would give students the opportunity to step outside, take a deep breath, gather their thoughts, and get back to learning!

•Sammie Hardebeck, Ivy Tech Dir. K-14 Initiatives BCEF Board Member & Annual Campaign Chair

CAMPAIGN SPONSOR



Fanning Howey assisted the Batesville High School leadership by providing a conceptual plan/layout of the new Batesville High School Wellness Center.

SPECIAL THANKS



DONOR INFORMATION

School Specialty allowed us to use their furniture concept plan to provide a visual representation of the future space.

2024 Annual Campaign Donation Form Goal: \$75,000

Donations are unrestricted & support the BHS student wellness center, as well as other BCEF needs.

2 DONATION OPTIONS:

1) ONLINE with credit/debit card, Venmo, Paypal, ACH

ONE-TIME GIFT OR MONTHLY GIVING

OPTIONS AVAILABLE



Scan QR code with your smart phone or visit website listed below to donate online Name:

Mailing Address:

City, State, Zip:

2) CHECK Make payable to BCEF City

Phone:

Email:

Total enclosed:

All donors are added to our Friends of BCEF list.

RETURN FORM & DONATION BY SEPT. 30 TO BCEF, P.O. BOX 121, BATESVILLE, IN 47006

Questions? Contact BCEF Executive Director Anne Wilson at awilson@batesville.k12.in.us.

BatesvilleEducationFoundation.org